To all it may concern.

I am Anthony Sliva.

My action plan was informing about how to improve freedom and security in my surrounding.

I made a speech in which I addressed my co-students and teaching staff as to this issue.

I started off by engaging those present into interactive sort of games in which I posed a number of questions, such as "Do you feel free and secure at the same time? Who was the leader? Where was it more comfortable to be - with the leader or without him or her?"

After the warming up some knitting threads were handed out and the audience were asked to cut out them the size they wanted.

Then they were asked to choose a spot inside the hall where they could feel free and secure. I asked them to encircle the place they chose by tying together the pieces of thread they had cut out. In the process they were asked to answer some questions like "Is it comfortable for you when I am standing near your circle? Why did you choose this very place? Is it comfortable for you to open up your circle to everybody else?"

Having done that I told the students about the three zone we may come across in our everyday life: the comfort zone, the learning zone and the panic zone.

In the end, I conducted a debate on the hardest issues concerning freedom and security of individuals in my country which was followed by such questions as "Is it a good idea to legalize drugs in your country? Is it worth creating open prisons? Do you accept the idea of adopting a law on reserving 40% high rank positions exceptionally for women?"

To conclude, I talked with the teachers about the possibility to change the school rules and make them more favorable for the students so that they feel more free at ease.





Work in teams with ruler





Preparing for debates





Voting